

What it means to do the work, DOWNLOAD



Price: \$45.00

Short Description

2hrs 40 min workshop with Sonia. Receive both Audio and Video download, Interrupting the spell

Description

EXCERPT

{mp4}Excerpt What it means to do the work workshop{/mp4}

*How to interrupt conditioned responses that drive
our limitations*

This was a very necessary gathering in 2021!

There is so much tossed around about "doing the work" But

what is the work?

Is it just something we say that sounds mystical and ideal? How much is pretense?

The work is about interrupting the spell!

IF YOU WERE NOT ABLE TO JOIN US FOR THIS WORKSHOP, THIS DOWNLOAD IS A MUST!

"What a brilliant experience! I feel a load lighter after this and it's given me a real sense of curiosity and possibility" Fiona , U.K.

During our recent February **FREE Reality Wednesdays Teleconference**, gathering I mentioned the possibility of facilitating a short workshop that would establish more context, tools and insights on **What it means to do the work** and how to observe self without viewing the process as "work" (based on our programmed definition of work)! If you were not at the February gathering you may listen to the replay at the following link [**CLICK HERE TO LISTEN**](#) It became the inspiration for this workshop!