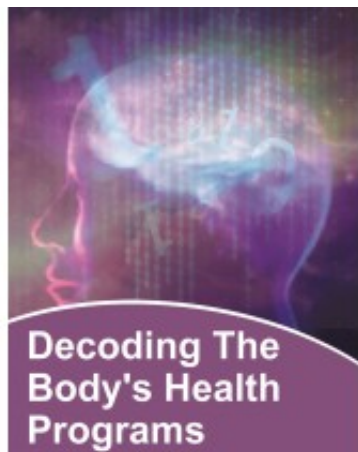


## Decoding the body's health programs



**Price: \$30.00**

### **Short Description**

Sonia's lecture- Exactly what determines health

120 min

### **Description**

THIS WAS A GLOBAL TELECONFERENCE!! 120 MIN

WITH SONIA BARRETT ON

Saturday, August 27, 2011

DOWNLOAD IS NOW AVAILABLE !!!

PURCAHSE BELOW!

What exactly determines health? What are the components supporting what the body experiences as ill health. We live in controversial times regarding health practices; food

choices. Although the diet matrix plays a significant role, the condition of health is really about the body's response to underlying energetic patterns.

Each condition, imbalance, discomfort or disease is a frequency pattern. The question should then be what is it that supports the pattern; where does it all spring from.

The method of deriving fuel from food is really a secondary process one which we have come to rely on as a final option in sustaining the body. However there are even more compelling features in maintaining the vessel of the body. There are options and capabilities which far exceeds the food matrix program.

This workshop aims to examine the particulars which exceed time and space as we have defined them to be in relationship to these physical bodies. We will explore the following areas:

- 1) DNA and hidden data
- 2) Stem cells and consciousness
- 3) Pre-programmed health cycles
- 4) Eating energy
- 5) Changing the dis-ease programs

- 6) Your core belief about your health
  
- 7) Understanding the necessity of dietary alignment (it's not what you think it means)
  
- 8) Running from illness
  
- 9) Operating from a space of fear vs a natural course of wellness
  
- 10)Overriding external health programs
  
- 11)Health and the evolving being
  
- 12)Choice

Join us for another profound and enlightening workshop. Come away with a knowing that your experiences are based on unrealized components and that you have the potential to change those experiences. Be open and ready to dive into yourself.