

Conscious Reality Management



Price: \$99.00

Short Description

Sonia's 10 step program- Managing your reality

Description

FEELING STUCK!

Conscious Reality Management!

Finally a step by step process to foundation building!

A 10 Step System!

I understand the challenges of maintaining balance and focus as you move through the journey.

It was my desire to create an effective guided audio

"Anyone who has never made a mistake has never tried anything new." - Albert Einstein

"Everything that is really great and inspiring is created by the individual who can labor in freedom." - Albert Einstein

A 10 Step Process

Binaural beats/subliminal audio included

Transcript/E-book included and more!

Life hands us an assortment of ups and downs and at times we face great struggle in recovering from adversities. We find ourselves entangled in survival mode as challenges seem to take on a life of their own. These fluctuations in our life are experienced through through:

• Finances • Relationships • Job/Career • Family • Health • Personal • fears •
Success/Failure

There are conditions that must be present in order to shift the brain into a new field of thought:

The manner in which we observe reality must be restructured

Building a foundation from which to reconstruct both our internal and external reality is key

We must have the tools to change beliefs and perceptions in order to unlock a wealth of possibilities

You will also receive a series of eight weekly short downloads to assist you during this process

Conscious Reality Management is a series of 10 steps that will begin to change your life!